



Client History **Date:** _____

This is a confidential record all personal information is kept in strict confidence and not shared with any other party without your consent.

First Name: _____ Last Name: _____

Address: _____ City: _____

State: _____ Zip: _____ Email: _____

Date of Birth: _____ Phone: _____

Referred By: _____ Would you like to receive news via email ?

Occupation: _____ Yes _____ No _____

Marital Status: _____ Children: _____

Are you seeing any other health professionals and if so what for:

Past Trauma/ accidents (Include date and age):

Past Surgery (Include date and age):

Childhood or any illness (include date and age)



Client History

Date: _____

Current Medication: medical or recreational

Current supplements:

Do you have any food allergies or intolerances?

Current problem or reason you are here today:

What do you want to have happen as an outcome of this session or future sessions?

Have you experienced any of the following conditions in the last 6-12 months? Please circle if you have.

- | | | |
|-----------------------|----------------------------------|-----------------------|
| Back pain | Diabetes | Headaches |
| Regular colds and flu | Depression | Fatigue |
| Neck pain | Chest pain | Anxiety |
| Heart conditions | Dizziness | Weight Issues |
| Difficult sleeping | Digestive issues | Blood pressure issues |
| Hormone issues | Numbness or tingling in the body | ringing in the ears |
| Pregnancy | Allergies | Others |
| Mental issues | Epilepsy | |



Client History

Date: _____

Do you smoke? Yes or No Number per day or week? _____

Do you exercise? Yes or No How many times a week? _____

Please give brief details of any family health problems:

Relation

Current or past health condition

Notes: